

# Dr. Frederick Ho Celebrates 25 Years of Progress in Ophthalmology



**Dr. Frederick Ho** is a board certified ophthalmologist specializing in cataract surgery, multifocal lens implants, laser surgery, diabetic eye disease, glaucoma and macular degeneration as well as the full spectrum of vision disorders. He is also recognized for his expertise in pediatric ophthalmology and strabismus surgery.

Dr. Ho has been named a Top Doctor in the U.S. by Consumer's Guide to Top Doctors and a Top Ophthalmologist by the Consumer's Research Council of America.

An honors graduate of the California Institute of Technology, Dr. Ho earned his medical degree from Washington University, St. Louis. His ophthalmology residency was completed at Barnes Hospital and Washington University Medical Center. He was awarded a Pediatric Ophthalmology Fellowship by Children's Hospital in Washington D.C.

Dr. Ho and his professional staff feel very privileged their patients and medical colleagues trust them with complex surgery, accurate diagnoses and comprehensive, continuing eye care since 1987. In those 25 years, Dr. Ho has applied every remarkable advancement in ophthalmology toward optimal outcomes for his patients; most notably in the diagnosis and treatment of cataracts.

Cataract surgery is the most common surgery performed by an eye surgeon. A cataract is a clouding of the natural lens in the eye caused by proteins clumping together, forming opaque clusters, preventing light and images from

reaching the retina. Cataract removal is recommended when visual image clarity is lost.

25 years ago, cataracts were removed through a large 12 mm. incision and closed with stitches. An overnight stay in a hospital was common. The cataract or cloudy lens was replaced with a monofocal intraocular lens. Recovery time was a month or more. In the 1990s, cataracts were removed with an ultrasound device in an outpatient surgery center. Recovery time was reduced to weeks. Stitches were no longer required because foldable intraocular lenses were inserted through a small 3 mm. incision. Today, multifocal intraocular lenses provide clear vision at near, intermediate and distant lengths, eliminating the need for glasses in most patients. Toric intraocular lens implants correct visual loss from corneal astigmatism and cataracts. Many cataract patients can expect relatively painless surgery and the recovery time has been reduced from weeks to days.

*"Our knowledge of eye diseases and visual disorders is rapidly expanding. Medical researchers are developing technological treatments and medications that produce superior outcomes,"* observes Dr. Ho. *"I am committed to applying the latest advancements in ophthalmology as I care for each of my patients.*

All of us at Atlantic Eye MD feel very privileged that people in Brevard County trust us with all of their eye care needs. I look forward to serving our community for many more years.

**Thank you all for an exceptional 25 years.**

**Dr. Ho's office is conveniently located at 8040 N. Wickham Road in Melbourne.**

**To make an appointment please call (321) 757-7272.**

**To learn more about the personalized eye care of Dr. Frederick Ho, visit his internet site at [www.AtlanticEyeMD.com](http://www.AtlanticEyeMD.com).**